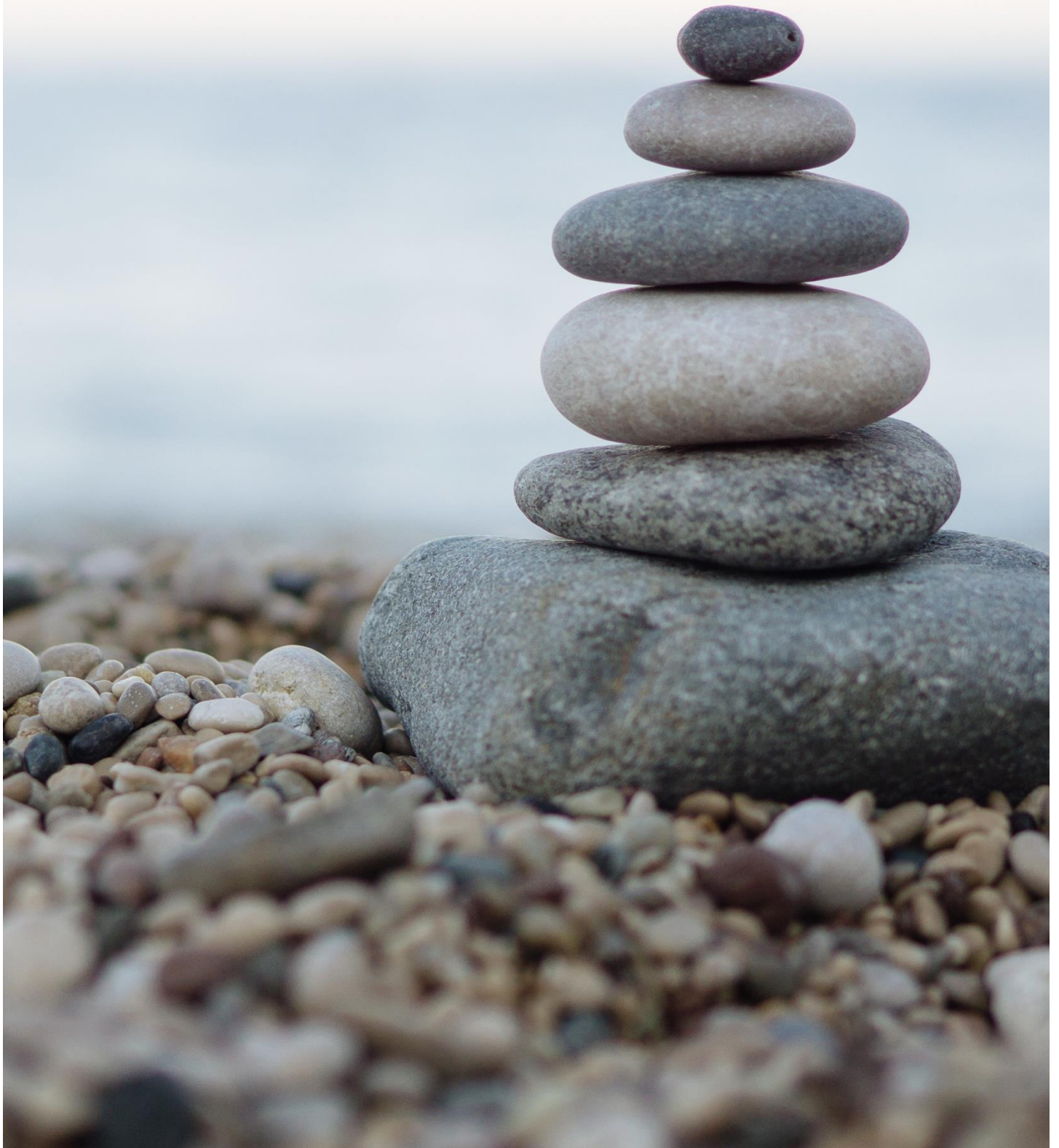


# **Narrative Therapy Workshop Series**

**Starting November 16, 2021, 7-9 PM (PST)**



## Presenter

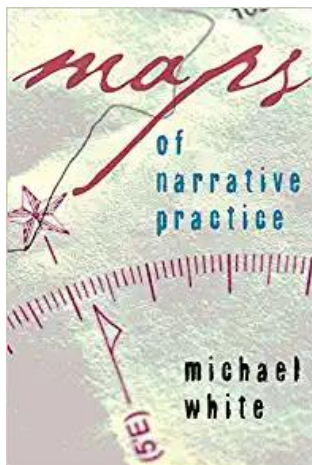


### Sun Hae Lee, PhD, MSW

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- President, Korean Association of Family Therapy (KAFT)
- Vice-President, Korean Society of Narrative Therapy
- Editor-in-Chief, Asian Journal of Family Therapy (published by KAFT)

## Textbook



White, M. K. (2007). *Maps of narrative practice*. WW Norton & Company.

*Maps of Narrative Practice* is written by Michael White, one of the founders of narrative therapy. The book provides practical and accessible accounts of the major areas of narrative practice that White has developed and taught over the years.

## Resources

Dulwich Centre <https://dulwichcentre.com.au/>

Re-Authoring Teaching <https://reauthoringteaching.com/>

## Schedule

Dates	Topics
11/16/21	<b>Why narrative therapy?</b> Spirit of the age and narrative therapy
12/21/21	<b>Externalizing conversation</b> Problem is the problems, not the person. The problem may be spoken of as if it were a distinct entity or even a personality in its own right rather than part of the person. Externalizing creates space for people to have a view/ position in relation to the problem and creates ways for people to take action as opposed to being overwhelmed by the problem.
01/18/22	<b>Re-authoring conversation</b> Re-authoring conversations invite people to continue to develop and tell stories about their lives, but to do so in a way that includes some of the more neglected events and experiences—the unique outcomes or exceptions.
02/15/22	<b>Re-membering conversation</b> Re-membering practices are based on the poststructuralist understanding that our identities are forged through our relationships with other people. Re-membering conversations open up options for people to revise how others see us, how we experience ourselves with others, how we participate with others, which all influence who we are becoming as people.
03/15/22	<b>Definitional ceremony</b> Clients are invited to tell and re-tell the preferred stories of their lives, and to do this with an audience present. The audience members act as ‘outsider witnesses’ and their role is to actively acknowledge the person’s preferred story in particular ways.
04/19/22:	<b>Unique outcome</b> The unique outcomes or exceptions provide a starting point for re-authoring conversations, a point of entry to an alternative storyline. The narrative questions encourage people to recruit their lived experience, to stretch their minds, to exercise their imagination, and to employ their meaning making resources.
05/17/22	<b>Reflection &amp; Celebration</b> How is narrative therapy moving us as therapists?

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## About KAMHA

**The Korean American Mental Health Association (KAMHA)** is an association of mental health and human service professionals and organizes this Narrative Therapy Workshop Series as one of its efforts to advance the mental well-being of Korean Americans in Orange County through networking and education.

The workshop is open to anyone who is interested in learning narrative therapy and will be provided for free.

Questions? Contact Dr. Karen Lee (kyhlee@fullerton.edu)  
please visit us: <https://www.kamha.org>

